1. **Mind Your Tongue!** Do not let it speak hasty, cruel, unkind or wicked words.

"If anyone among you thinks he is religious, and does not bridle his tongue but deceives his own heart, this one's religion is useless" James 1:26

2. **Mind Your Eyes!** Do not permit them to look upon the things of wickedness.

"If your right eye causes you to sin, pluck it out and cast it from you; for it is more profitable for you that one of your members perish, than for your whole body to be cast into hell" Matthew 5:29

3. **Mind Your Ears!** Do not suffer them to listen to wicked thoughts in word or song.

"But blessed are your eyes for they see, and your ears for they hear" Matthew 13:16

4. **Mind Your Lips!** Do not let profanity foul them. Do not let strong drink pass them.

"Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name" Hebrews 13:15

5. **Mind Your Hands!** Do not let them steal, fight, or write words of evil.

"Let him who stole steal no longer, but rather let him labor, working with his hands what is good, that he may have something to give him who has need" Ephesians 4:28

- 6. **Mind Your Feet!** Do not allow them to walk in the ways of the wicked.
 - "...How beautiful are the feet of those who preach the gospel of peace, who bring glad tidings of good things!" Romans 10:15
- 7. **Mind Your Heart!** Do not let the love of sin dwell in it. Do not give it to Satan, but ask Jesus Christ to make it His throne.
- "...having heard the word with a noble and good heart, keep it and bear fruit with patience" Luke 8:15 292201