

## Improve Your Life

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by Frank Himmel

1. **Turn off the TV and read your Bible.** The Psalmist said of the blessed man, *“His delight is in the law of the Lord, and in His law he meditates day and night”* (Psalm 1:2).
2. **Hang up the phone and pray.** I never cease to be amazed at how much time some people spend on their cell phones. Is all that talking necessary or profitable? *“Pray without ceasing”* (1 Thessalonians 5:17). *“The effective prayer of a righteous man can accomplish much”* (James 5:16).
3. **Get up out of bed an hour earlier and come to Bible study on Sunday.** *“As the door turns on its hinges, so does the sluggard on his bed”* (Proverbs 26:14).
4. **Cut down your credit card purchases and give.** Give to the poor. Increase your contribution at church. *“One who is gracious to a poor man lends to the Lord, and He will repay him for his good deed”* (Proverbs 19:17). *“It is more blessed to give than to receive”* (Acts 20:35).
5. **Change the conversation from sports, weather, and politics to spiritual things.** Do that at home. *“These words, which I am commanding you today, shall be on your heart. You shall teach them diligently to your sons and shall talk of them when you sit in your house and when you walk by the way and when you lie down and when you rise up”* (Deuteronomy 6:6-7). Do that at work, too. *“He who wins souls is wise”* (Proverbs 11:30).

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