

Seven Things That Will Help You Grow Spiritually

by Grover Stevens

- 1 — **LIVE and WORK** to reach others each day as if you knew the world were going to come to an end next Sunday night. Think of that feeling of urgency and priority! (Read 2 Peter 3:1-12).
- 2 — **BE AS ENTHUSIASTIC** about the church and its services as you would be if there were an overflowing crowd each time. Think of the interest, anticipation, and excitement of an overflow crowd!
- 3 — **COUNT YOUR BLESSINGS.** Make a list of the things you are thankful to God for and thank Him for them one by one as you pray in your closet. This will help you to be grateful (Philippians 4:6). It will also help you to realize your dependence on God (Acts 17:24-25,28; John 15:5).
- 4 — **MAKE & MAINTAIN A LIST OF YOUR FAULTS.** And pray for forgiveness and help to overcome them as you truly strive to overcome them. This will help us see that we are really not as good as we think we are and how very much we really do need Christ for Savior. It will also help you to sympathize with the faults of others (James 5:16; Galatians 6:1).
- 5 — **KEEP A QUIET TIME.** Set aside 30 minutes every day to spend with God in prayer, Bible study, and meditation. If you really love someone you want to spend some time with them. Just so, if you truly love God you want to spend some time alone with Him. (Psalms 1:2; 1 Thessalonians 5:17; Luke 18:1). First century Christians kept an *"hour of prayer"* (Acts 13:1).
- 6 — **VISIT SOMEONE FOR CHRIST EACH WEEK.** Visit some member you do not know very well; or a sick person; or a visitor to our services; or a weak member who needs encouragement; or someone who needs to become a Christian.
- 7 — **REACH ANOTHER PERSON.** Conduct a Bible class in your home once a month and invite your relatives, friends and neighbors to attend. The preacher or elders will assist you if you want them to, Matthew 5:12-15; James 5:20; Daniel 12:3. There are 168 hours in a week. If you were to attend Bible Study, morning worship, and evening worship on Sundays and Bible study on Wednesday, and 30 minutes 6 days a week in Bible reading, prayer, and meditation, and conduct an hour long study once a month, you would be giving God less than 10 hours a week, leaving you 158.

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