

## Reading Your Bible

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by Wayne Goff

“If someone observed an average day in your life, how would they see you spend your time? How much of your time is given to TV, Facebook, YouTube, podcasts, hobbies, and housework? How much do you devote to Bible reading?” — **via crossway.org**

Perhaps you think you do not have enough time to read your Bible. You’re just too busy, right? But in reality, we’re just not interested enough in the Bible to read it on a daily basis. Look at these facts, also from Crossway:

- If you would devote **six months** to reading the entire Bible, you would have to read **25 minutes** per day.
- If you would devote **six months** to reading *only* the New Testament, you would have to read **6 minutes** per day.
- If you would devote **six months** to reading *only* the Old Testament, you would have to read **19 minutes** per day.

These statistics show you how easily you could read the entire Bible through. We spend more time *daily* on TV, Facebook, talk radio, personal hobbies, or housework than we do on reading and meditating on God’s Word. And we are the *losers* for it! There is so much good that comes from reading and studying God’s Word. In contrast, listening to the daily news or reading the daily newspaper will cause more worry, grief and anxiety than one person can handle, Matt. 6:25-32.

If you are like me, it’s **difficult** to read through a Bible book *just to be reading it*. Most of my Bible reading is done as I study for a Bible class lesson, sermon, or personal study. But I do read and study my Bible almost every day!

Israel’s Old Testament king was required to “*write for himself a copy of this law in a book, ... and it shall be with him, and he shall read it all the days of his life, that he may learn to fear the Lord his God and be careful to observe all the words of this law and these statutes*” (Deuteronomy 17:19). Few kings did this, but how much different would Israel’s history have been if they did? So how about you and me today? Philippians 4:8; 1 Timothy 4:15

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