

## Honey & Honeycomb

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by Wayne Goff

*“How sweet are Your words to my taste, sweeter than **honey** to my mouth!” (Psalm 119:103). “The fear of the LORD is clean, enduring forever; the judgments of the LORD are true and righteous altogether. More to be desired are they than gold, yea, than much fine gold; sweeter also than **honey and the honeycomb**.”(Psalm 19:9-10)*

### Do You Like Honey?

Honey is the product of the honey bee and has been a sweet delicacy in every nation and in every generation since the beginning of time. Yes, I like honey very much and it is an excellent natural sweetener. It’s far better for you than processed sugar, and experts strongly recommend that you use “raw honey” rather than processed honey in order to benefit from its many properties.

**But did you ever stop to think that honey is a gift from God?** Yes, honey comes from bees, but bees come from God. In His Divine wisdom He crafted the bee, honey, honeycomb and nectar. It’s quite amazing to see some of the benefits of honey and bees. For example:

- \* Honey is a good source for antioxidants
- \* Raw honey contains calcium, magnesium, manganese, niacin, pantothenic acid, phosphorous, potassium, riboflavin, and zinc. You might recognize some of these as vitamins you take for your health.
- \* Raw honey has antibacterial and antifungal properties.
- \* Honey has antimicrobial properties that helps in the healing of wounds.
- \* Honey is a phytonutrient powerhouse.
- \* Honey helps digestive issues.
- \* Honey is an old sore throat remedy that soothes the ache and can help with coughs.
- \* There may even be some cognitive benefits to raw honey.

It shouldn’t be surprising to us that honey has as many natural, wonderful benefits for the human body because God made both and the Bible lauds **honey** as food!

### Honey In The Bible

Can you guess how many times “**honey**” appears in the entire Bible? (1) 25 times; (2) 50 times; (3) 100 times. I won’t spoil your fun so look it up in your concordance or your digital Bibles. But the majority of times (20) it appears in the Bible in the phrase “*a land flowing with milk and honey*” – the description of Canaan which God promised to Abraham and his descendants. Honey first appears in the Bible as a gift from Jacob to Pharaoh (**Gen. 43:11**). Manna was said to have the taste of “*wafers made with honey*” (**Ex. 16:31**). Surprisingly, God refused to accept any grain offering that contained leaven or honey (**Lev. 2:11**). You may remember that honey was part of a riddle posed by Samson to the Philistines (**Judges 14:8-18**). John the Baptist had the wilderness diet of “*locusts and wild honey*” (**Matt. 3:4**).

### The Bible: Sweet As Honey

If we believe what the Psalmist said about God’s Word being “*sweeter than honey*” to our taste buds, *then we surely read it habitually!* The apostle John in his Revelation vision was given a “*little book*” to eat (God’s Word) and it tasted “*as sweet as honey*” in his mouth, but became “*bitter*” in his stomach (**Rev. 10:9-10**)! I believe this represents **the beauty, depth and perfection of God’s Revelation for mankind** (“*sweet as honey*”) while also recognizing **the terrible consequences that come from its proper application** (“*bitter*”). Men do not like to admit error, or change when it’s not their idea, or submit themselves to God’s will. The book of Revelation contains wonderful truths and horrible consequences by a rebellious world.

I hope you and I will **enjoy** the “**honey**” of God’s Word and also **endure** the “**bitterness**” that comes with standing firm for Truth.

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