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## > Both should never be angry at once, Proverbs 19:11

"The discretion of a man makes him slow to anger, and his glory is to overlook a transgression."

Never yell at each other unless the house is on fire, Proverbs 21:2

"Every way of a man is right in his own eyes, but the LORD weighs the hearts."

> Yield to the wishes of the other as an exercise in self-discipline if you cannot think of a better reason, Colossians 3:18-19 & Ephesians 5:21

"Wives, submit to your own husbands, as is fitting in the Lord. Husbands, love your wives and do not be bitter toward them." (Col. 3:18–19)

If you have a choice between making yourself or your spouse look good — choose your spouse, Philippians 2:3-4 & Matthew 19:19

"Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself. Let each of you look out not only for his own interests, but also for the interests of others."

🍞 If you feel you must criticize, do so lovingly, Ephesians 4:15

"But, speaking the truth in love, may grow up in all things into Him who is the head — Christ"

Never bring up a mistake of the past, Philippians 3:13-14

"Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus."

Neglect the whole world rather than each other, Ephesians 5:25-31

"So husbands ought to love their own wives as their own bodies; he who loves his wife loves himself" (v. 28).

Never let the day end without saying at least one complimentary thing to your spouse, Proverbs 31:26

"She opens her mouth with wisdom, and on her tongue is the law of kindness."

Never meet without an affectionate greeting, Proverbs 5:18-19

"Let your fountain be blessed, and rejoice with the wife of your youth. As a loving deer and a graceful doe, let her breasts satisfy you at all times; and always be enraptured with her love."

When you've made a mistake, talk it out and ask for forgiveness, James 5:16

"Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much."

Remember, it takes two to make an argument. The one who is wrong is the one who will be doing most of the talking! James 3:5-8

"Even so the tongue is a little member and boasts great things. See how great a forest a little fire kindles! (v. 5)

Never go to bed angry, Ecclesiastes 7:9 & Colossians 3:8

"Do not hasten in your spirit to be angry, for anger rests in the bosom of fools."

"But now you yourselves are to put off all these: anger, wrath, malice, blasphemy, filthy language out of your mouth."

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