Helping Your Children At Home

by Wayne Goff

Staples Office Supply Company sent out an e-mail with steps to help your children study at home. I've taken the liberty to use the steps and adjust them to your spiritual studies at home. I hope they help.

1: Give Kids A Choice

"Create a schedule and let them add an activity so they have something to look forward to."

2: Use Free Tools

Appian Media has a 6-week free study video and downloaded study guide on the Sermon on the Mount. The study is 6 p.m. EDT Wednesdays, and you can download the lessons at www.appianmedia.org/free-download. These are members of the Church of Christ, so the material should be accurate, and biblical.

Audio Bible in several translations, including the dramatized version (http://www.bible.is)

Superbook Kids Bible (https://apple.co/3b6ksbw). I cannot vouch for this Bible, so parents please check it out first yourself.

Bible App for Kids: Interactive Audio & Stories (https://bit.ly/3a6S4FX) Again, parents, check this out before using.

3: Keep It Moving!

"Work in some physical activity to release energy and increase focus." God made our bodies to be used and exercised (Genesis 2:15), so be sure to take some time to exercise, get fresh air, and have some fun. It clears the "fuzziness" out of your mind! My grandchildren were out playing hop scotch, using chalk on the sidewalks and driveway, and even trying some jump rope!

4: Celebrate Wins

"No day will be perfect, but recognizing achievements will boost motivation and positivity."

Be sure to compliment jobs well done, thoughtfulness toward others, and especially praise those who have completed difficult tasks in Bible study, school work, etc.

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